Best of British

At Balfour at Bow Wine Vaults

SMALL PLATES

3 Maldon oysters, shallot dipping vinegar	£15	Crispy monkfish cheeks, confit garlic mayonnaise	£12
Home baked sourdough, confit garlic butter	£6	Moons Green beer bullets - fennel or venison	£5
London'er smoked scotch egg, house pickle	£10	Grilled summer vegetables, sun-dried tomatoes	£9
River Test cured trout, pickled cucumber	£12	English asparagus, herb butter, Westcombe cheese	£10
Isle of Wight tomato bruschetta	£10	Crispy cheddar & spring onion cake	£9

TO START

Grilled English asparagus, crispy Laverstoke duck egg, English herb mayonnaise	£13
Borough Market cured fish plate, trout, smoked mackerel, eel, horseradish dressing, herb toast	£16
Bow 'country' pate, pickles, toasted sourdough, whipped bacon butter	£12
Baked Brixham langoustines (3), parsley butter, crumb, confit garlic mayonnaise	£18
Medley of English garden vegetables, peas, broad beans, asparagus, baby greens, Westcombe cheese, herb oil	£12/18

MAINS

Fish of the day, Cornish new potatoes, sea beets, English sparkling wine sauce	£MP
W. Leslie's Reserve Gold, Kent, NV 125ml	£10.5
Smithfield dry-aged bavette steak (pink), Isle of Wight tomatoes, red onion compote, beef dripping chips	£25
W. Luke's Pinot Noir, Kent, 2022 175ml	£10
Pressed summer vegetables, ricotta stuffed courgette flowers, tempura yellow courgette, garlic dressing	£19
W. Springfield Chardonnay, Kent, 2022 175ml	£9
'Duo' of Old Spot pork, fillet (cooked pink), pulled shoulder cake, caramelised apple, crackling	£25
W. Skye's Chardonnay, Kent, 2022 175ml	£9
Roasted rump of new season lamb, warm salad of peas, beans & Cornish new potatoes, mint, English feta	£29
W. Nannette's Rose, Kent, 2022 175ml	£9

TO FINISH

Classic bread & butter pudding, boozy apricots	£10
English strawberry sundae	£10
Summer pudding, Neals Yard clotted cream	£10
British cheese plate, chutney, biscuits, celery	£10
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www.balfouratbow.com

